

Dear healthcare professional

With this letter, we would like to inform you about your responsibility in the care and treatment of athletes.

Athletes who you accompany as patients are also subject to the **anti-doping regulations** in the event of illness or accidents. Athletes are responsible for everything that enters their body, and they can be sanctioned, for example, for all **prohibited substances and methods** that are detected in a doping test.

As a healthcare professional, you are an **important person of trust** for athletes at all performance levels. They often find themselves dependent on your knowledge of the anti-doping rules. Your prudent advice and choice of therapies is the best way of ensuring that you and your patients adhere to the anti-doping rules at all times.

Before prescribing or recommending medication to athletes, check its prohibited status using the **medication inquiry service Global DRO** on the Swiss Sport Integrity website or the Medi-Check app: [www.sportintegrity.ch/en/medications](https://www.sportintegrity.ch/en/medications).

If you have any questions, please contact [med@sportintegrity.ch](mailto:med@sportintegrity.ch).

Intravenous infusions, asthma medication and glucocorticoids often lead to questions. You can find **detailed information** on these topics on [www.sportintegrity.ch/en/special-topics](https://www.sportintegrity.ch/en/special-topics). There is also information available for medical emergencies and surgeries.

For situations in which athletes require a substance or method prohibited according to the Prohibited List for health reasons, the anti-doping regulations stipulate **therapeutic use exemptions**, or TUE for short. A TUE must be applied for together with the attending physician. Support athletes in compiling the necessary medical documents. The exact procedure is explained at [www.sportintegrity.ch/en/TUE](https://www.sportintegrity.ch/en/TUE). If you have any questions about the application process, please contact Swiss Sport Integrity at an early stage to optimize the application process.

Thank you for your support!  
Swiss Sport Integrity Foundation